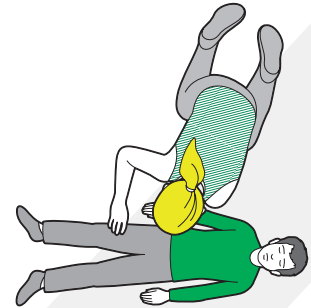


Ask me how to put a child in the recovery position

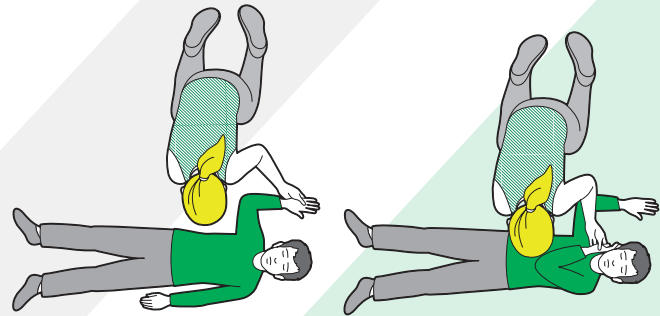
1. Kneel by the child and straighten their legs

- If they are wearing glasses, or have any bulky items in their pockets, remove them.
- Do not search their pockets for small items.



2. Arms

- Place the arm nearest to you at a right angle to their body, with the elbow bent and their palm facing upwards.
- Bring their other arm across their chest and place the back of their hand against the cheek nearest to you, and hold it there.



3. Legs

- Keeping the back of the child's hand pressed against their cheek, pull on the far leg to roll the child towards you on to their side.
- Adjust the top leg so that it is bent at a right angle.



4. Airway

- Gently tilt the child's head back and lift their chin to make sure their airway stays open.
- Adjust the hand under their cheek to help keep the airway open.

